

THREE RIVERS PLANNING & DEVELOPMENT DISTRICT, INC.

MEDICAID WAIVER PROGRAM

What is HCBS?

The Medicaid Waiver Home and Community Based Services (HCBS) program is available to Medicaid beneficiaries 21 years and older who are nursing home eligible and require physical assistance to remain in their home. Medicaid beneficiaries must require nursing facility level of care if assistance is not needed.

What is the purpose of Medicaid HCBS?

The purpose of the HCBS program is to offer individuals and their families an *alternative* to nursing home placement. The goal of HCBS is to help individuals remain in their own homes or their families' homes as long as possible.

What services are available to HCBS clients?

HCBS clients will be eligible for the following services:

- **Home Health Services:** A “waiver” client can receive *unlimited* home health visits and is not held to the normal maximum of **25 visits** per year. The needs and limitations of the client will determine the number of visits as well as the provided services (home health nurse, aide, physical therapy, etc.).
- **Personal Care Services:** Non-medical support services to assist the beneficiary in meeting daily living needs and ensuring optimal functioning at home and/or in the community (including assistance with light housekeeping, errands, meal planning and preparation, bathing, dressing, personal hygiene, grooming, and activities of daily living)
- **Home-Delivered Meal:** A well-balanced meal will be delivered to the home of a client who is unable to leave his/her residence without assistance and/or is too weak to prepare his/her own meals
- **Adult Day Care:** Provided for clients who are mobile and require care during the day while their caregiver works
- **In-Home Respite Care:** Up to 60 hours per month to enable a client's caregiver to take a reprieve from the demands and stress of providing 24-hour care (30 hours if a client attends an adult day care)
- **Case Management:** The setting up and brokering of the services identified above; inclusive of monitoring, assessing, and reviewing a client's plan of care monthly in the home of the client and amending the plan of care to meet the needs of the client and his/her caregiver (if applicable)

Who is eligible to be screened for Medicaid Waiver HCBS?

- Beneficiaries must be 21 years of age or older
- Individuals qualify by either Supplemental Security Income (SSI) or 300% of SSI
- Eligible beneficiaries must have a deficit in at least three activities of daily living (ADL) – e.g., require assistance with eating, toileting, bathing, personal hygiene, ambulation, transferring, dressing
- Individuals must require nursing facility level of care (if assistance is not provided)

How do you refer a prospective HCBS client to the program?

If the prospective HCBS client lives in Calhoun, Chickasaw, Itawamba, Lafayette, Lee, Monroe, Pontotoc, or Union County, please contact Three Rivers Planning and Development District's Medicaid Waiver Division. You will need to provide the name, telephone number, address, and Medicaid identification number (if known) of the prospective client. Three Rivers' toll-free telephone number is 1-877-489-6911.